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Blackburn College News Since 1881

Nov. 2016



Senior guard lake Maestranzi won the three-point contest



Senior forward **DeAndre Manuel won** the dunk contest



The men's and women's basketball teams huddle up on "Meet The Beavers Night"



PHOTO BY DANI ANDERSON Senior forward/center Willie Orange won the king of the hill dunk contest



PHOTO BY DANI ANDERSON Head men's basketball coach Steve Kollar

The Players Make the Game

By Jess Willard

Basketball is more than just gameplay; it's important to get to know the players behind the sport. On Friday, Oct. 28, both Blackburn's men's and women's basketball teams hosted a "Meet The Beavers Night." It involved a buffet dinner and competitions as well as the opportunity for the athletes to introduce themselves to the rest of the Blackburn community.

Men's basketball players Willie Orange,

Goodloe Jr. and Chris Davis

lake Maestranzi, DeAndre Manuel, Damon

Senior sports management major and student assistant coach Austin Kirby worked with men's head basketball coach Steve Kollar to help the event run smoothly. "The goal behind this event is to give more

See **Meet the Beavers**, page 11

"The goal behind this event is to give more encouragement to students and faculty to come support the teams."

Austin Kirby

Head women's basketball coach Katie

PHOTO COURTESY OF SPORTS INFORMATION

PHOTO BY DANI ANDERSON Student assistant men's basketball coach

Settle It Poynter Institute app checks politifacts

In the 228 years since George Washington was elected, there have been many interesting political moments in U.S. history.

In the election of 1800 - as documented by the National Archives -Thomas Jefferson and Aaron Burr tied and Congress was forced to break it. Alexander Hamilton then stepped in, writing letters discouraging members from voting for Burr. Jefferson went on to win and Burr became vice president. During his time in office, Burr and Hamilton continued a rivalry that eventually led to a duel and ultimately Hamilton's death.

In 1868, the Democratic Party selected Stephen A. Douglas as their candidate but many southerners refused

to support him and nominated John Breckinridge instead. Both claimed to be the democratic candidate and with no one to name a single, official candidate, both appeared on the ballot according to Britannica.

The 1872 election was full of firsts when Victoria Woodhull of the People's Party became the first female candidate in U.S. history. That same year, a few days before the Electoral College could cast their votes, democratic candidate Horace Greeley died.

The American Presidency Project outlines more recent election drama during the controversial 2000 election between Democrat Al Gore and Republican George W. Bush when See **Politifacts**, page 2



SCREENSHOT BY JORDAN WOOD



Students gathered around Dawes Patio for the tie-dye event on Oct. 30



PHOTO BY REBECCA O'CONNELL Shane Lewis and Nikki Ridgeway participated in the Student Senate volleyball tournament

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Politifacts Madrigal Dinner

Continued from page 1

the election essentially came down to Florida's decision. At first, Gore was announced as the state's winner by TV networks. After a short time, it came out that the votes were too close to determine. Eventually networks announced Bush as the winner, but the results did not become official until over a month later. In 2008, Barack Obama became the first African-American elected president.

If past elections have been chaotic and drama-filled, the 2016 election, in many people's opinion, will be the most chaotic of them all. Political science professor Dr. Laura Wiedlocher described the race for the White House as "a competition not just between people running for office but also between competing ideas and agendas. This can seem chaotic to the typical voter who is trying to make sense of the onslaught of information coming at them. It's critical to our democracy that citizens be able to get actuate, trustworthy information in order to be well informed".

This year's presidential election features businessman and Republican candidate Donald Trump and Democratic candidate former Secretary of State Hillary Clinton, alongside Gary Johnson of the Libertarian Party and Jill Stein of the Green Party. There have been many statements made about each candidate, and sometimes it's hard for voters to separate facts from myths. Throughout the country, and on the Blackburn campus, there are still some unsure for whom they should vote.

Created at the Poynter Institute, Politifact's Settle It! free mobile app might help. It allows users to search 66

"I think the app is a great concept as it would get quality information to people faster and more conveniently."

— Dr. Laura Wiedlocher –

for a specific topic about which they would like to learn more. It then brings up politicians' views on that topic.

Sophomore political science major Deja Luckett spoke highly of the app. "I always go on there to see what candidate said what things, just to make sure they're right [because] it will say true or false," she said. Settle It! provides users with details about the credibility behind the politicians' statements. For instance, if someone would like to learn more about immigration, he or she could simply type in 'immigration' and all statements by politicians regarding the matter will be displayed. From there, the viewer can select a specific statement and it will direct them to a page that outlines what exactly the speaker said followed by information to either back up the statement or disprove it.

The app is fairly easy to use and allows those still uncertain to learn what each candidate is saying and whether what they are saying is true, partly true or false. Although she hasn't used the app, Wiedlocher said she has "been a fan of Politico and their Truth o Meter for many years. I think the app is a great concept as it would get quality information to people faster and more conveniently."

Madrigal Dinner Sure to Split Your Sides

By Patrick Benedict

The time honored tradition of the Madrigal Dinner at Blackburn reaches its 45th year this November. The dinners are a night of music, food and theatrics that feature Blackburn Voices and a group of student actors who put on a show to celebrate the Christmas season.

Guests are entertained with short skits while the Blackburn catering staff serves dinner. The entire cast as well as the vocal performers are clothed in garb of the Middle Ages and each course of the meal is announced with a different song.

Members of the Blackburn Voices act as if they are a royal court and the patrons of the dinner are their guests. In between many of the vocal performances are small skits performed in old English dialogue with a more modern twist. This year's set of skits is titled "Rapunzel, Rapunzel Let Down Your Heir" and will be directed by Blackburn alum Owen Meredith (class of '14).

Meredith is confident that the show will be entertaining. "The same script was used when I came to see my sister perform when I was 16. The show was really funny," said Meredith.

According to Meredith the skit has more of an "Abbot and Costello" feel thanks to the two main characters, The Brothers Grimm. The script has an older 1920s style of comedy and entertainment. "Think like the 20s happened, but in the Middle Ages," Meredith said. The cast is also joined by a jester, a witch and a prince in true fairytale fashion.

Meredith hopes to have the witch character come out like "Miracle Max from the 'Princess Bride' movie. She just has this cantankerous attitude."

Meredith also believes that he has some great talent at his disposal for the skit. "My hope is that the show brings people to Blackburn and they see the talent we have. I want them to grab their sides and say 'I think I pulled something," said Meredith.

The dinners are scheduled to take place on Friday, Nov. 18, and Saturday, Nov. 19, at 7 p.m. The Madrigal Dinner tickets are \$15 or two meal swipes for Blackburn students, \$25 for Blackburn faculty and staff, \$35 for general admission, \$30 for groups of 10 or more and \$15 for students in high school or younger.

Anyone wanting to purchase tickets can contact the Performing Arts department at Blackburn at performingarts@blackburn.edu.

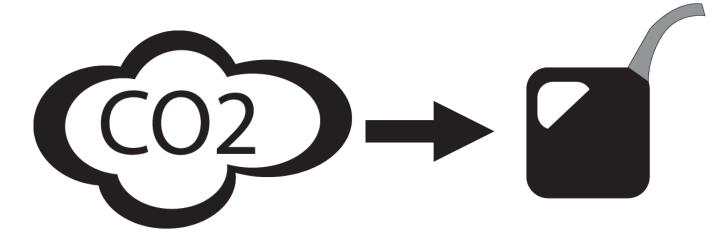
The proceeds from this year's dinners will support the Blackburn Voices tour over spring break, during which they will perform at high schools and churches across Illinois.

Carbon Dioxide to Ethanol

By MICHAEL TROUTT

Amidst growing concerns about the climate change problem caused by an excessive accumulation of greenhouse gases in the atmosphere, researchers in Oak Ridge, Tennessee, may have discovered a partial solution. In early October, Oak Ridge National Laboratory (ORNL), a Department of Energy lab, announced that an experiment originally meant to convert carbon dioxide into methanol produced exciting and unexpected results. The research team accidentally discovered a way to convert carbon dioxide into ethanol.

In September of this year, scientists at the Mauna Loa Observatory in Hawaii reported that the global average of carbon dioxide levels in the atmosphere had reached 400 parts per million (ppm) - a historical landmark because it was during the time of year when levels are typically at their lowest. Concerns surrounding the greenhouse gas, carbon dioxide, are what led to the ORNL study. Researchers originally thought that converting carbon dioxide to methanol would be a long and complicated process. Which is why they were surprised to find they had



actually converted carbon dioxide into ethanol. Lead author of the study, Adam Rondinone, stated that they "were trying to study the first step of a proposed reaction when we realized the catalyst was doing the entire reaction on its own," according to the official ORNL press release.

ORNL researchers also anticipated the potential cost of converting carbon dioxide to ethanol, which is why they wanted to conduct the experiment at room temperature in water, using cheaper materials like copper. Researchers used nanotechnology to create carbon spikes that are only a few atoms thick, then embedded them with nanoparticles of copper. Then researchers applied electricity to the carbon spikes which reacted with the carbon dioxide dissolved in water to make ethanol. In the ORNL press release, Rondinone stated that they are "taking carbon dioxide, a waste product of combustion, and we're pushing that combustion reaction backwards."

The carbon dioxide to ethanol reaction could be part of a solution

to society's overgrown dependence on fossil fuels. If the reaction can be brought up to scale, using a different means of power to generate the reaction, the implications could be even more groundbreaking. Blackburn chemistry professor Jim Pickett agreed, "It would be a good way to take out the carbon dioxide from fossil fuel-burning plants," and also noted, "With as much carbon dioxide as there is to use up, you could quit using corn [to produce ethanol]... the question is, how much ethanol do you need?"

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A Sense of Place

By Dusty Glass

The Blackburn College choir held its annual fall concert named "A Sense of Place" in Bothwell Auditorium on Oct. 22. Choir members included Blackburn students, faculty and staff as well as members of the community. The hour-long concert was followed by a meet and greet with the performers.

Several community members including former chair and professor of the English and communications

department Roy Graham performed. Graham, who retired in 2014 after teaching at the college for 50 years, has been a member of the choir since 1972. He said it gives him something to do and that he loves being on the Blackburn campus in general.

The student section of the choir had several returning performers including juniors Jessica Cramer and Rob Wingerter as well as new faces like freshman Christopher Stahl. The concert was directed by chair of performing arts Dr. Elizabeth Zobel and was accompanied by performing arts adjunct Dr. See Tsai Chan.

The concert was split into three separate portions: "I Long To See You," "Home is Where the Heart Is" and "Reaching Home." The choir currently has 39 members with 12 singing soprano, 10 in the alto section,

nine bass singers and eight members singing tenor.

Upcoming performing arts events include: "Six Impossible Things Before Breakfast" on November 3-5, the 45th Annual Madrigal Dinner on Nov. 18-19, Christmas at Blackburn on Dec. 11 and the college band winter concert on Dec. 12.





PHOTOS BY REBECCA O'CONNELL

Blackburn Student Senate Gives Back

By Jess Willard

Blackburn College's Student Senate met at 7 p.m. on Sunday, Oct. 23. Student Senate president Kaitlyn Pugh opened the meeting by stating that the 2015-16 Student Senate gift to the college (patio furniture) is now in place in front of of the Claire-Jaenke Alumni and Visitor Center and is ready for use. Afterwards, the majority of the meeting was centered on the 2016-17 gift.

Pugh suggested that the new gift should be available for students by December and added that, in the past, students haven't received it in a timely fashion. She reviewed the suggestions students wrote on the whiteboard in the Demuzio Campus Center. The idea that stood out to her the most was lights for the sand volleyball court located on the North Quad. At-large senate representative Ajay Minton was in favor of the lights. "When the Quad is lit up, more activities can take place out there," he said. Pugh also noted that the lights would cost \$1500 to \$1600 according to New Construction Supervisor Mike Slightom. Staff advisor to Student Senate Heidi Heinz suggested that Pugh get a quote from Utilities Supervisor Josh Mahkovtz for the Quad lights.

Pugh then said that she would be stepping down at the end of the semester to train the new president. Petitions for this position are due on Nov. 8. The election will take place Nov. 9-11. Additionally, atlarge senate representative Natasha Anthony will not be keeping her position after the semester since she is graduating. Petitions for the at-large senate representative position and elections for this role will be held after Thanksgiving break.

Faculty advisor to Student Senate Dr. Mark Armstrong summarized what other committees have been discussing on campus. The Planning Committee has strongly suggested making Martin Luther King Day a holiday. Heinz said the change probably wouldn't occur until January 2019. In regards to the Assessment Committee, Armstrong stated that academic departments have to do annual assessments in addition to a scholarly review every five to seven years. The Assessment Committee is considering doing assessments for student life offices, clubs and activities.

Student Senate Clubs/ Organizations Oversight Chair Fatima Noor mentioned that Director of Student Engagement Alondra Olvera wanted to start getting clubs together a couple of times throughout the semester to make sure things are running smoothly. Currently, organizations send their minutes to the club/organizations oversight chair to make sure they're meeting regularly and to check on how many students typically attend meetings.

Habitat for Humanity was specifically asked to send monthly reports to Student Senate since they



PHOTO BY JESS WILLARD

Jewell Student Senate representative Noelia Martinez-Voigt gives Amber Campbell a sticker to thank her for participating in the mock election

have had a significant negative balance a few times. Pugh clarified, "Since I have been on Student Senate, 2014 to 2015, Habitat for Humanity has had a negative balance twice." Anthony did note that attendance had significantly decreased. However, instead of freezing the club's account, Noor will send them a warning email.

Senate wanted to make a couple of changes regarding Homecoming. Members suggested switching the date of family weekend to avoid chaos from too many other events occurring at the same time. Minton suggested hosting it during preview days. He noted that the only department hosting any events would be Admissions. Since there will

already be some events and prospective students, Student Senate liked this idea.

Members also wanted to alter spirit week. Anthony mentioned that not many students participate at all, and Pugh said some had commented on it being "too high school-ish." A couple ideas they discussed were hosting a kick-off event on Hudson Quad involving clubs, organizations and house councils; a dorm decorating contest; a bonfire and a tailgate during the soccer game. Pugh specified that senate members should ask students what would make them want to stay for Homecoming weekend.

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What you can make with what you've got

for human life and can be extremely enjoyable when made properly. However, good food preparation is rarely an option in college. Kitchens are scarce and there are very few cooking appliances allowed in the dormitories at Blackburn. But what is permitted - electric grills, slow cookers and griddles - offer up numerous possibilities for culinary exploration.

The first step is knowing what the college allows in terms of appliances. Check the student handbook or visit the college's website (www.blackburn. edu) for the complete policy. On the grounds of fire safety the following are banned in dorms:

- -Hot plates
- -Electric frying pans
- -Toasters or toaster ovens
- -Microwaves

This can limit cooking options but there are several products that are approved for use, including the George Foreman electric grill. This allows for many items, such as hamburgers or hotdogs, to be made easily. The electric grill makes a good substitute for a frying pan or skillet by cooking meats quickly. More advanced models have other functions like bun toasters or waffle iron attachments that expand the meals that can be made.

Another useful product for easy dorm meals is the slow cooker. Slow cookers use an enclosed



Next to water, food is essential heating element on a stoneware pot to cook food thoroughly. The only downside is that (as the name implies) the food may take all day to cook. However, this can be used to a busy college student's advantage. Since many slow cooker recipes require little more interaction than occasional stirring, a slow cooker can be left running at the beginning of the day and have a ready meal by the end of it.

Ramen noodles are a culinary staple in the dorm room. According to the World Instant Noodles Association's global demand statistics, in 2015, the U.S. accounted for 4,210 million servings of instant noodles (the fifth highest in the world).

All that is needed to make the noodles is a package and boiling water. While you can boil water in a microwave, electric rice cookers can serve this purpose also. There are several electric rice cookers on the market that will boil a sufficient amount of water for ramen noodles in just a few minutes.

There is danger in using any cooking appliance so students should always exercise caution. Make sure to open windows or use fans to ensure fire alarms aren't triggered. Cleaning up after making food is also important; you can avoid unwanted bugs by just making sure all surfaces used are properly washed and sanitized. Avoiding leaving messes will also prevent residence halls from being prorated, which saves everyone money.

> you are unsure of what to cook in your dorm room, be sure to check the internet for recipes and ideas. Some useful resources can be found on websites like Pinterest, Buzzfeed and Collegexpress.



Why did you choose Blackburn?



"Blackburn wasn't my first choice originally; it was my second. *It's good work experience, the* professors are really nice, fairly low tuition costs and it's still close enough to home I can go back."

> **Coady Rebbe** sophomore, pre-med physical therapy



"Basketball. It was like my second chance. I got an opportunity to play again because I missed my senior season and I didn't want my last game being me getting injured."

Jordan Laczkowski freshman, criminal justice



"It's close, affordable, I've always wanted to go here and you get more work experience than you would at any other college."

John Jacobs sophomore, environmental studies



"I had a lot of friends who came here and the work program gives me the opportunity to get work experience."

Jordan Mueller sophomore, preengineering mathematics

Deadly Nerf Assassin Squad

By Patrick Benedict

Blackburn chapter makes the task a little more exciting with their Nerf Assassin fundraiser. On Oct. 19, students on campus paid \$5 each to become an "assassin" and receive a target to "eliminate" by shooting them with soft foam bullets. The game can be challenging because there is no way of knowing who is hunting whom. Students walk from class to class always looking over their shoulder. They have to watch out for everyone, including their friends, classmates and even their roommates.

Once the assassins make their "kills" they report them via email to the "Godfathers" (officers in Habitat for Humanity).

While students were able to walk around campus with their various air

Blackburn isn't normally very accounting major and president of stressful, but Habitat for Humanity's the Habitat for Humanity Blackburn chapter Tim Lacy stressed that there are strict rules to the game. "There are certain places and situations where people can't shoot or be shot at," said Lacy. For instance, if a player manages to shoot the person hunting them down before they themselves get shot then the would-be assassin is "frozen" for two hours and must wait to hunt again.

The rules are that people cannot be shot while they are in their room, in the dining hall, going to take a shower, in class or at work. The "Godfathers" are also able to give the players of the game ways to remain "safe" for the day by doing some sort of action such as wearing their underwear on the outside of their pants.

The money raised from the event will go towards a spring break trip for

Going from class to class at and spring powered weaponry, junior Habitat for Humanity members to build homes in New Mexico.

Freshman computer science major Jayson Gomer was enjoying his first time as an assassin for the fundraiser. Gomer was sure that the game was going to be a bit more chaotic but was surprised to find that it is "a bit more controlled" based on the rules. Despite being constantly hunted, Gomer isn't really bothered by the paranoia. "I've been in nerf wars that have gone on for weeks at a time," said Gomer. Although he had a good time he was disappointed that he could not use his modified nerf weapons. "The rules say that there are no mods allowed so I had to go out and buy a new gun," said Gomer.

This year's Nerf Assassin game winner was junior chemistry major and defending champion Zachary Felkel.



Freshman computer science major Jayson Gomer showing off his Nerf arsenal

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Who Lives in Challacombe?

BY PARKER RAMAKER

North, is an all-male dorm building on the Blackburn College campus. Challacombe Hall was historically male exclusive until 2012 when it became a coed residence. This year, Challacombe Hall has returned to its all-male status.

lived on the first floor and men on the second. The majority of the male students who lived in Challacombe Hall were athletes, including Blackburn alumni Aaron Moody '16. "It was boys being boys. There were loud noises, video games and talking about sports. Nobody got hurt," said Moody.

According to several men such as senior Joey Szerletich and junior

Challacombe Hall, also known as Brandon Smith, they had no problem with the dorm being coed and liked having women living in the building. "We would go downstairs to flirt with the girls, did we expect anything? No not really, but it was fun talking to them," said Moody.

Challacombe Hall switched back Between 2012 and 2016, women to being all male this semester. With an influx of male students leaving Jewell (the freshman dorm) and the availability of rooms on the first floor of Challacombe Hall, the decision was made to make it all male again. One problem in Challacombe Hall when women lived on the first floor was that there were several women living without a roommate. There was an option to live in an all women's dorm.



PHOTO COURTESY OF PR

The floor was not being filled to its capacity and there became a problem finding rooms for male students.

There is an equivalent dorm for women on campus called Jones Hall. Currently both men and women have an option to live with either all men or women, or in a coed setting.

Senior Michael Bretscher said that the only difference from having women living in the dorms is the dynamics. There were less men in the dorm, so it seems quieter, but nothing past that is too different. Bretscher was RA when the women lived on the first floor and continues this role as Challacombe is back to how Blackburn first intended the dorm to be: all male.

How to get the Most out of Your Hair

By Luiza Myslinska

Ditch the Shampoo - If you look at the label on popular drugstore shampoos, the most common ingredient is sodium lauryl sulfate, an ingredient also present in your household detergent. The many surfactants in shampoo, which are substances that reduce surface tension when added to liquid (bubbles), cause your hair to be stripped of natural oils and this leads to the roots being oily, while the rest is dry and frizzy. Your scalp only gets worse the more you shampoo, as it overproduces oil to try and balance itself, eventually leading to dandruff and breakage. According to alternative medicine proponent Dr. Mercola, there is really no need to shampoo your hair everyday and if you find your hair to be too oily, it is probably due to your shampoo. The No-Poo method, which focuses on taking the "poo" out of your hair routine, is where you wash your hair only with conditioner or other natural cleansers that don't contain surfactants or toxic chemicals. Your hair might seem oily for a while and you might find this questionable but

after your hair adjusts you'll find it's not as oily as it used to be and requires less washing. The health of your hair dramatically changes and becomes smoother, naturally moisturized, more manageable and basically awesome. If you feel like vou absolutely can't attempt this, at least be on the lookout for sulfate free shampoos as they are much gentler on hair, especially if it is color treated. During your No-Poo adventure, look into a dry shampoo which helps make your hair look refreshed and less oily without washing.

Go Cruelty Free - If a product needed to be tested on some animal's eyeball, you know it has some questionable chemicals you don't need. Not giving your money to these companies also shows vou take a stand at this unethical practice.

Wet Hair Requires Special Care - Finger brushing is a must for wet hair but you can also opt for a wide tooth comb. Using a regular brush can cause breakage as hair is more susceptible to getting stuck. Always pat hair dry instead of rubbing and it's best to use a t-shirt or something similar to dry hair to avoid frizz and tangles. For curly hair it's best to simply air dry; the more you play with your hair the frizzier it will be and curls won't set properly. When dealing with tangles or especially unruly hair, always work from the bottom up to prevent breakage and don't be shy with conditioning spray.

Cut it Off - Despite what Head and Shoulders claims, the only way to get rid of split ends is to cut them off. Split ends will further travel up the strand and cause hair to look thin and cause breakage. Trimming your hair won't make it grow faster but will help split ends from forming. When to trim your hair? It all depends on your hair, despite what hair stylists tell you. If your ends are looking frazzled, that's a good indicator for a new cut. When going to bed be sure to braid your hair or wrap it up, tossing and turning can cause tangles to arise in the morning and this is also a great way to prevent

bed head.

What Products? - Keep product use to a minimum to prevent buildup. Don't believe in fad pills or sketchy products; nothing will truly make your hair grow faster apart from a good diet and taking good care of yourself. However, something natural to consider is Biotin. Authority Nutrition states it's an effective vitamin to help grow hair and strengthen nails. Coconut oil is a great moisturizer for your entire body and adding a few drops to the ends of your hair can prevent split ends and keep your hair shiny and soft. If your hair is extremely damaged from coloring and heat, do an olive oil, coconut or avocado oil mask at least once a week to restore hair over time. It's best to slather on your mask recipe and leave it on overnight with a hair wrap for best results.

Styling and Coloring - Educate yourself on how coloring your hair works and know that boxed dye will not always come out the way you expect. Light colors work best on those with already light hair. Do not let your

friends bleach your hair unless they're hair professionals. Bleaching causes extreme damage and, if left on too long, will literally melt your hair off. Bleaching is different from regular boxed dye; just know you can't go back once it's done. It's best to splurge and be happy with your hair rather than going the cheap route and messing up, only to end up paying extra to fix your mistake. Use heat products minimally and stick to special occasions. When working with heating tools, use a heat protectant; it will do its purpose, along with making your style last longer and looking better.

Hair and Face Shape - Get to know your face shape to get the best haircut. A simple change like adding layers or side bangs can accentuate your facial features. And lastly, don't be afraid to show off your natural hair texture. Even if you aren't happy with it, know that someone in the room wishes to have that with which you were naturally born.

GRAPHIC BY LUIZA MYSLINSKA

d d		Draw on the hairstyle you think fits best based on the information below.					
h s		Oval	Oblong	Round	Square	Heart	Diamond
y d dee at tee h is o k	Face Shapes	Megan Fox	Sarah Jessica Parker	Mila Kunis	Olivia Wilde	Kerry Washington	Rihanna
it i	Flattering	The ideal face shape that works with any hairstyle.	Long bangs and long layers help widen the face. Curls are your best friend. Big hair is encougraged.	Focus on a hairstyle that adds length and frames the face. Bangs and layers will help slim the face, but make sure they are longer than the face. Adding height to top of the head is most flattering.	Long hairstyles that soften and frame edges of face. Blunt cuts just below shoulders. Adding height to the top of the face is flattering. Long bangs and layers soften the jaw.	Curly or wavy hairstyles flatter this face shape. Pixie cuts and shoulder length hair with layers. Choppy layers add dimension, and long bangs also suit well.	Various styles suit this shape. A shoul- der length blunt cut. Long hair with wispy bangs. Fram- ing layers compli- ment face shape, bangs soften and accentuate.
st ot a	Avoid	Nothing.	Tied back ponytails and short haircuts will make the face look longer.	Short bobs, blunt cuts, straight fringes, and tight ponytails.	Short haircuts make the jaw line look more harsh.	Long hairstyles that dont frame face and bangs that are too short.	Middle hair parting, Haircuts shorter than a pixie.

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Unpack to Save Your Back!

By MICHAEL TROUTT

of 14,000 An average backpack related injuries are reported annually according to the U.S. Consumer Product Safety Commission (CPSC), an independent U.S. government agency for consumer safety.

From the time children begin their education they acquire a backpack to transport materials between home and school. While backpacks come in all shapes, colors and sizes, the American Chiropractic Association (ACA) strongly suggests that they be purchased based on safety as opposed to style. There are three major safety concerns surrounding backpack injuries: the design of a backpack, the amount of weight in a backpack and how students carry their backpacks.

The ACA recommends backpacks that have wide padded shoulder straps, waist or chest straps and a padded back. The width and padding of shoulder straps distribute weight across a wider portion of the shoulder area to decrease concentrated stress on nerves and muscles. Waist and chest straps, along with a padded back, provide extra support by distributing weight more evenly across the body to reduce unnecessary strain on the spinal column

The ACA also recommends that students carry no more than 10 percent of their body weight in their backpacks. The more weight being carried equals more strain on the spinal column and shoulders, and the weight of a backpack often determines how a student will carry it. Sophomore leadership major Logan Elliott stated that he carries very little in his backpack "to have good posture. And I feel like if I don't, then I'm constantly weighed down." When the weight in the backpack is excessive,



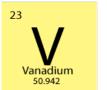
PHOTO BY MICHAEL TROUTT

Emily Troutt demonstrates how not to wear a backpack

a student is more likely to lean forward for better balance and to gain more support from their back. This increases the risk of chronic back pain from nerve and muscle irritation and an imbalance of weight distribution on the spinal column.

A leaning posture creates problems for the discs located between the vertebrae of the spinal column. During sleep, fluid fills the discs between vertebrae which allows the spinal column to absorb the shock of walking along with the constant force of gravity pushing down on the body. Blackburn athletic trainer Malia Murphy agreed that added stress on the spinal column can become painful because "that constant compression (of the discs) ... can cause pressure on nerves." She also pointed out that the discs themselves can begin to slip or bulge, also causing nerve irritation that will eventually lead to pain or a loss of feeling.

Science With



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Mass Animal Extinction and How You Can Help

By VERONICA MILLIGAN

The World Wildlife Fund (WWF) just released its "Living Planet Report" with striking news stating that after compiling data from more than 14,000 monitored animal populations around the world, they concluded that between 1970 and 2012 the world's animal population has decreased by 58 percent. By 2020 it will have decreased by 67 percent if immediate and intense action is not taken - that is more than 2/3 of the entire globe's animals. Two percent of the world's animals are lost every year, according to the report, and this number is predicted to only increase.

Causes of this decline are entirely man-made. Loss of habitat due to deforestation, unsustainable farming practices, poaching and food exploitation have had a huge impact on animal species and their ability to survive and reproduce. Rivers and lakes have taken the hardest toll with animal loss at 81 percent caused by overfishing, excessive water extraction, pollution and dams.

We have entered the epoch called Anthropocene and the sixth mass extinction (the previous five saw the extinction of 86 percent of species, 75 percent, 96 percent, 80 percent and 76 percent over the last 444 million years). The Anthropocene is a geological era characterized by human modification of the natural world and was proposed by the Geological Society of America.

The outlook is foreboding, and global action is necessary, but so is local and individual action. Even in Carlinville and Blackburn, our small actions can have a large impact. There are several ways to help. Changing your diet to reduce meat consumption can help lessen the demand for animal protein. Recycling, riding a bike and properly disposing of trash can reduce pollution. Staying informed on national and global legislation and taking a stand on those policies can influence political systems to support ecological conservation.

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WORK-STUDY-PLAY?

By Dusty Glass

The work program is a win-win system for both students and the college. Students receive a reduction in tuition costs as well as skills to help build their resumes, while the college receives a way to attract students and fulfill needed campus services at a cheaper cost. The core principle of the program is to help students help themselves for the good of the community.

According to Glenn L. McConagha's book "Blackburn College" the system was first put into place by Dr. William H. Hudson in 1914 when he became president of Blackburn. Based on a work program at Park College in Kansas City, Missouri, Blackburn's program was originally known as the "Self-Help Plan." It was designed to not only benefit students but was framed to be the college's saving grace. At the time, the campus had low enrollment, buildings were in terrible disrepair and the biggest asset the college had was land.

The initial program was much more rigorous than today's as students worked 18 hours a week with stricter rules. If students missed a day of work they had to go to the hospital on campus and meet with the Dean. Tardiness was also heavily punished as students would be charged hours or days of labor depending on how late they were. Despite the comparatively harsh rules of the program, it became wildly popular with the college receiving over 1,000 applicants the following year. The campus was filled to the point that no more students could be housed in 1914. The number of potential students was so great due to the work program that Hudson asked for retired Pullman cars to hold students and offices.

The work program continued to succeed to the point that, in 1922, enrollment had nearly doubled from

80 to 150. Then there was the formation of a large farm that held dairy cows and swine and the beginnings of construction on Stoddard Hall. This growth led to Blackburn expanding the subjects being taught, and the creation of more work departments.

The "Self-Help Plan" evolved into the work program and the "Work-Study-Play" slogan was later replaced by "Learn, Work, Earn." The amount of hours worked and amount paid would shift according to new state and federal labor laws and sometimes new departments would open up or close down depending on the needs of the campus. However, the core principles have remained the same since the beginning.

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PHOTO COURTESY OF BLACKBURN ARCHIVES

The work program has been one of Blackburn's greatest attributes for over 100 years

Morning Optimism

By Parker Ramaker

The most important thing you can do is have a positive mindset. According to mayoclinic.org, "Positive thinking helps with stress management and can even improve your health." I believe the most important part of anyone's day is how they wake up. Having a positive and optimistic approach can make a difference in the outcome of your day.

Here are some steps to help you do

- 1. Remind yourself that waking up is a blessing. Tomorrow is never guaranteed. This fact keeps me grounded and humble.
- 2. Be grateful that you have an opportunity to be better. What I like to do is remind myself of my goals. For

achieve a higher grade point average. I wake up and review key notes before a test or quiz in order to get closer to my

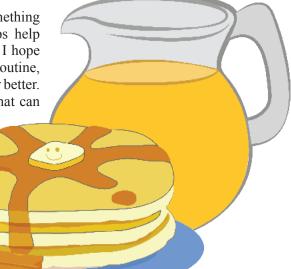
3. Appreciate what you have as you wake. It is easy to forget that you woke up with a roof over your head and slept on a mattress. According to endhomelessness.org, as of 2016, there are over 500,000 people that are homeless in America. Enjoy the privileges you have.

4. Be ready to enjoy the day ahead. Some days are less enjoyable because of some tasks that lie ahead, but it is important to not count the day as boring or less important. Each day can present

instance, this semester I am striving to something new and exciting if you keep your eyes open.

Morning optimism is something everyone should try. These steps help me everyday with my positivity. I hope that when you apply this to your routine, that you get the results that I get or better. There are different approaches that can be used, but for me, this is a

recipe for success. Your growth as a person depends on how you treat yourself, so treat yourself well.



Beneath the Ink: Comedy, Tragedy & Tattoos

By GARY LOWDER

Performing arts professor Carolyn Conover is new to Blackburn this year. Being a theater professor Conover has played many roles: Olivia in Shakespeare's "Twelfth Night," Helena in "Midsummer Night's Dream"

and Lady Macbeth from "Macbeth," just to name few. Her interest theater and the performing arts has also led to her getting some cool tattoos. Conover has a tattoo of the Greek comedy and tragedy masks on her left ankle and a flowing flowery design on the top of her right foot.

"The comedy and tragedy mask is pretty obvious," said Conover. "The week I turned 18 I went and got the masks because I've always done theater and I wanted something to symbolize that." The only thing Conover regrets about this tattoo is its position on her leg. "I wish I would've gotten it lower so I could hide it better with socks if I ever needed to. It's a little high, but you know 18-year-old mistakes."

Conover's swirly design was gotten on a whim and not planned like the masks. "I went to an ink festival in Fort Myers over spring break and there were

all these tattoo vendors from all over the world. It was really

> super discounted because was an event,' explained Conover. "I found an artist that I really liked and he freestyled it on my foot." Conover thinks that the foot tattoo is very feminine and pretty, but not really

indicative of anything. "I will wear sandles until it snows, so I wanted to have something visible on my foot," said Conover. Sometimes, in order to perform on stage Conover has to hide her tattoos with corrective makeup. "Some directors don't care but some directors say, 'The comedy and tragedy is a little too on the nose.' I've gotten really good at corrective makeup so it's not a problem."

Conover plans on getting more

PHOTOS BY GARY LOWDER

and comedy/tragedy mask

Conover wasn't worried about the tattoos affecting her employability. She made a point that she wouldn't want to work for a company that judges their employees like that and that every tattoo is personal and means something to the wearer. Conover believes this stigma against tattoos is dated and said. "It's not 1950, you know? I've worked with lots of theater artists who use tattoos to represent who they are... It seems stuffy and really judgemental; especially when we have no idea what story that tattoo might be telling. You see those pictures of women who have had mastectomies so they have gotten tattoos or people who have lost children who get tattoos to cope. Who are we to say that doesn't represent what we want in a workplace?"

tattoos."They are kinda like potato chips. You can't stop. The next

tattoo I wanna get is gonna go behind my ear. I'm a total nerd so I don't know what exactly it is

going to look like but I know I want the 'Deathly Hallows' in it." The symbol Conover is referring to is representative of the Elder Wand, the Resurrection Stone and the Invisibility Cloak from "Harry Potter and the Deathly Hallows." These items are some of the strongest items in the wizarding world, and play a large role in the books. It looks like a triangle with a circle inside it being bisected by a straight line.

"There is definitely something rebellious about it that I love. My dad hates [tattoos] which I find really enjoyable," said Conover with a laugh. "There is something great about always having your art with you. Everyone has feet, but in a lineup I could point out mine. The uniqueness is what I love the most."

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Better Without Bro-Country

By Jess Willard

When I consider country music, Toby Keith and Shania Twain are the first artists that come to mind because my mother listened to them frequently. Although this genre isn't prevalent in my playlists, I can appreciate music that focuses on the simpler side of life like spending time with family and remembering your hometown. Florida Georgia Line's new album "Dig Your Roots" features these themes and adds a bro-country twist.

Bro-country, also known as stadium country, is a relatively new subgenre of mainstream country music. It merges the acoustic twang of classic country with rock, hip hop and rap. What defines this subgenre is its lyrical content, which fixates on attractive women and partying. The New York Times Magazine contributing writer Jody Rosen coined the term bro-country in an article that discussed Florida Georgia Line's song "Cruise" (2012). This subgenre has been criticized for being ingenuine and crude.

Florida Georgia Line was founded by Tyler Hubbard and Brian Kelley



PHOTO COURTESY OF MELANIE (FLICKR CREATIVE COMMONS)

Tyler Hubbard (left) and Brian Kelley (right) comprise the stadium country band Florida Georgia Line. The duo came out with their new album "Dig Your Roots" in August

in 2012. The band has won three consecutive Vocal Duo of the Year awards from both the Academy of Country Music and the Country Music Association. Additionally, they've claimed the first diamond certified single for the country genre; "Cruise" sold over 10 million copies. Even though the band strives to recreate country with their unique sound, Kelley

stated, "A lot of things have changed. We've grown up, we've learned a lot ... I think that translates into this music, into this album and into this lifestyle – it's all one."

"Dig Your Roots" managed to attract my attention with songs like its title track and "May We All." Both paid homage to the idea that where you're from will always be a part of

your identity. "May We All" used slow acoustic chords to ease the listener into the song and quickened the pace for the chorus. "Dig Your Roots" uses echoing electronic drums as an opener and adds in the guitar as it progresses. The band displays their talent through this ability to make slight changes to sound throughout the album, while being reminiscent of classic country music overall.

However, "While He's Still Around" in addition to the two previously mentioned tracks are the only songs on the album worth listening to. The other 12 fixate on relationships and objectifying women as a whole. Lyrics like "I could use a little you right now," from "Wish You Were On It" and "Girl, you go down good," from "Smooth" hint that women are useful for one thing: sex.

Florida Georgia Line's "Dig Your Roots" could've been a great album had they focused on "growing up" in every song. Instead, it reflects the party boys within Hubbard and Kelley by promoting the idea that the only thing you really need in life is a significant other.

Talk Ne Bioshock: The Collection



PHOTO BY GARY LOWDER

Scene from "Bioshock 2"

By Gary Lowder

The original "Bioshock" was It was critically acclaimed for its for current generation consoles in morality-based storyline, an immersive underwater city and satirization of political ideas like isolationism and class segregation. The original "Bioshock" also won several game of the year awards including British Academy Games Awards and IGN. A direct sequel, "Bioshock 2" was released in 2010; this game was criticized for being a bit too much like the first but was still praised for its narrative, artistic style and improved gameplay. The franchise provided a third installment called "Bioshock: Infinite" and was lauded by fans and critics alike (awarded 2013's game of the year by the Associated Press and CNN).

In September, the entire game released in 2007 for the Xbox 360. franchise was remastered and released "Bioshock: The Collection." remaster features upgraded versions of the first two games that support higher display resolutions and higher frame rates. "Bioshock: Infinite" was not remastered due to its fairly recent release and was instead ported over from PC to support full high-definition and 60 frames per second.

In "Bioshock" you play as the sole survivor of a plane crash in the middle of the Atlantic Ocean named Jack Wynard. Looking for safety, you're forced to swim to a mysterious lighthouse. You quickly discover it isn't a normal lighthouse when an underwater elevator takes you to the submerged city known as 'Rapture.' Trapped in an underwater city filled with genetically altered monsters and untrustworthy businessmen Jack is forced to use the game's vast array of weapons and strange powers known as 'plasmids' to escape.

The first two games look amazing. However if you are a big fan of the "Bioshock" series the games might look exactly how you remember them; nostalgia gives every great game an HD filter. Putting this aside it's great to reexplore the underwater city of Rapture. I remember when I first played the game in 2008, I wanted to discover all the collectibles that were hidden in the city. I doubted that when playing the game a second time I would be compelled to do so. I was mistaken; the developers have even made reexploring the city worth it to returning players by adding findable in-game documentaries about how the game was made and the concepts imagined.

However, the remaster isn't perfect. 'Rapture' may look really pretty but the original "Bioshock" is almost 10 years old, and this shows to play.

in some of the gameplay. I was disappointed with the removal of the multiplayer mode and I often found myself wishing that they would have updated some of the combat mechanics to accommodate newer players. This is very much a remaster of an old game and you shouldn't expect "Bioshock" or its sequel to play like more detailed and polished shooters that have come out recently such as "Star Wars: Battlefront" or the "Farcry" games. I was also disappointed at the lack of new content for both "Bioshock 2" and "Bioshock: Infinite."

Despite its shortcomings, this collection is a great way for people who didn't experience the games the first time to play a couple of great games in a \$60 package. The game's remastered graphics, inclusion of all downloadable content and newly added developer interviews make it worth your time and money. If you are a returning veteran to the series, or someone who is interested in playing one of the games, "Bioshock: The Collection" is simply the best way

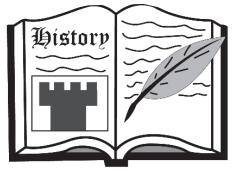


"Despite its shortcomings this collection is a great way for people who didn't experience the games the first time to play a couple of great games."

Gary Lowder

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A Major Stereotype



By Dusty Glass

Many students view history as a boring and repetitive subject in which facts are memorized and spewed out for a test. To be fair, primary education can be described as that process due to the standardized testing. As such, the advantages of studying history are completely ignored. At the college level, rather than simply being facts that one can search online, history teaches those who study it a new way of thinking.

According to the American Historical Association, the number of history majors is down to its lowest point in 10 years. History in 2007 accounted for 2.24 percent of all degrees earned and in 2011 that number dropped to 2.02 percent, which cost the major thousands of students. Furthermore, this drop is happening while other majors are growing. The reasoning behind this decline can be narrowed to a couple factors: the stereotypes that surround history, views on the humanities as a whole and the growing diversity of majors students can pursue.

Blackburn's beginning history class "Introduction to Historical Thought" starts out by essentially un-teaching what the state taught students for their entire lives. Few students grasp that history isn't digging around in giant books trying to memorize every single date and event. Those who are lucky enough to have the drivel taught by the

state debunked for them learn skills that will be applicable for a lifetime.

While a history degree by itself won't lead to job offers piling up at the door, the major does prepare a student for further education. History is considered one of the best subjects for those going into law. Former U.S. Attorney General Eric Holder majored in history. Business schools are also common routes for a history student. CEOs for Sony and Chrysler both majored in history. History majors are so common among politicians, authors, entertainment media and medical professionals that they outnumber history students who actually become historians. As such, the history major isn't meant only for those who dream of dusty tomes and a timeline of humanity, but for anyone who wants to promote themselves with a new way of learning for that.

The historical classes that a history major takes are equally important as the conceptual classes they take. These classes aren't memorizing facts, but learning to recognize patterns and studying the cultures that guided the world. These studies grant multiple benefits such as learning to understand social and political interactions, economics, logistics and religious influences.

History also brings about a new way of looking at life. When a person can see how their life came to this point then they can make better decisions about where to go. Without the knowledge of where society has come from, the same society is doomed to repeat mistakes. In essence, history and those who study it prevent cultural amnesia from striking the world.

Let Me Cook!

By PATRICK BENEDICT

Nothing is quite as rewarding as preparing your own food. The hard work of cooking is far more satisfying than getting food from a restaurant or a dining hall. When you cook you give your food a unique spin that matches your own tastes and preferences. Unfortunately only a few Blackburn students, residents of Stoddard and Jewell, are given the opportunity to cook their own food.

As Jewell is a freshman dorm the only chance for upperclassmen to prepare their own food is to live in Stoddard. This is unfair, as all students should have the opportunity to prepare their own food. There should be kitchens in every dorm on campus.

There are many reasons why Blackburn should provide kitchens to the entire student body. For one, the dietary preferences of students are not all the same. Students should be free to comfortably make the choice to be vegetarian or vegan. While the college does provide options in the dining hall and snackbar for these groups, eventually people get tired of salad and hummus. This is why these students should be given the opportunity to cook their own food with their own



PHOTO BY JORDYN SMIT

The stove in Stoddard

preferences. Students may also want to make healthy choices for their meals. This can be very difficult when the food is prepared by someone else. And what about those students that have extremely busy schedules? The dining hall and snackbar have limited hours as do many of the restaurants in town. Giving students the option to prepare their own food that fits their schedule would be hugely beneficial. In her article on washingtonpost.com titled "why college students should ditch the dining plan and learn to cook," Kristen Hartke explained how her own daughter in college managed to cook with her busy schedule. "For my daughter, a theater arts major whose irregular rehearsal schedule does not always mesh with dining hall hours, moving into a campus apartment with a kitchen after freshman year offered her a chance to eat on her own time," said Hartke. This could be true at Blackburn if kitchens were installed in all the residence halls.

Having kitchens on campus may also make living on campus more attractive. Incoming students may be more likely to want to live on campus because they have the opportunity to cook. Since students are unable to have many electrical appliances in their rooms (hotplates, microwaves and toasters) giving them access to these appliances in a controlled environment may make them reconsider attending another institution. Students would still need to be responsible with these facilities. Keeping the kitchens on campus neat and tidy would be absolutely essential for keeping them open and operational. There is no doubt that building and maintaining the kitchens on campus would be expensive. But if students can respect the privilege of kitchens on campus then Blackburn should provide them.

Dressing to Impress

By Jess Willard

No sleeveless tops. No skirts above the knees. No holey jeans. Back in high school, dress codes took up a page in the student handbook. This is not the case in most colleges. However, collegiate dress codes are not a farfetched idea and lately arguments have been made on social media regarding whether or not these rules promote professionalism.

Pensacola Christian College Florida outlines appearance expectations on their website for both men and women. These codes apply to different settings such as formal, church and casual. Overall, they ask their students to refrain from wearing brand name clothing and the outward look must promote moral, Christian ideals. They specifically state, "All students are expected to dress modestly, in conservative fashions, and with a level of propriety that encourages purity."

In the 1920s, Blackburn used to outline their dress code policy in the Blackburn College Bulletin (a publication that acted as a course

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"Controlling a student's wardrobe all the time hinders

their ability to create their identity."

- Jess Willard -

catalog and the student handbook). However, these guidelines only applied to work settings. The 1926-27 issue stated, "No uniformity of dress is required. Ordinary work clothes suffice for the manual work."

Currently, there isn't a clearly outlined set of rules in the student handbook for dress but work departments still ask students to wear appropriate clothes for their jobs. For example, campus maintenance asks students to wear boots and pants that cover their legs. These are outlined as safety precautions since students may work with dangerous machinery or in environments where skin shouldn't be exposed.

After holding both a job in my future career field and working on campus, I can testify that dress codes can be necessary. My on-campus job at The 'Burnian asks its workers to look clean and professional for interviews. My off-campus job at the Macoupin County Enquirer~Democrat (MCED) requires that I look presentable for public meetings by dressing in non-revealing and non-distracting clothing. Since I was already familiar with the standards set by my tuition position, there wasn't a major shift in my attire at the MCED.

Although dress codes can help prepare students for their future careers by encouraging professionalism,

Pensacola's expectations are limiting to the growth of students. In an article titled "The Social Psychology of Dress" written by Kim K.P. Johnson and Sharon Lennon, the authors discuss how attire affects our self-perceptions. "Two social psychologists, Bettina Hannover and Ulrich Kühnen (2002), studied whether what people wear influences how they think about themselves. They reasoned that clothing styles would influence self-descriptions because certain clothing styles might be related to specific trait categories," the authors stated. Students choose to express themselves through their appearance, and if they can't do so in any place on campus, then there is no way for them to learn to display their personality.

Regarding dress codes, we have to draw a line between what is and isn't necessary to prepare students for a life after college. These policies are helpful for students within work environments on campus, but controlling a student's wardrobe all the time hinders their ability to create their identity.

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eason of Thanks

The 'Burnian, we would like to extend our gratitude toward everyone in the Blackburn and Carlinville communities who attended The 'Burnian College and Community Luncheon on Wednesday, Oct. 26. We received much support and we are glad that we could talk about our paper and answer the questions you had for us.

We hope that the event allowed you to see our dedication and passion for the paper. The purpose of the luncheon was to demonstrate the progress the paper has made since its beginnings and to elaborate on what it's like to work at the paper now. We also hoped to foster a sense of understanding and appreciation for what the paper is and does for the community.

We want to give a special thanks to Director of Marketing and Public Relations Pete Oswald for his support of the paper and for helping us build our new website, theburnian.com. Additionally we would like to thank Cataloging and Reference Librarian

On behalf of all the members of Lynn Armstrong for looking through the archives for us. A huge shoutout also goes to writers Jess Willard and Veronica Milligan with their help in preparing and delivering the presentation.

> Lastly, we would like to thank the members of our staff for all their hard work this semester. Our team consists of writers, designers, photographers and volunteers, and each person plays a vital role in the success of the paper. Working at a newspaper is tough. Working at a student newspaper is tougher. Working at The 'Burnian in a tuition position for the Work Program is a difficult balancing act that takes selfmotivation and discipline in order to do proper research, conduct interviews and constantly meet tight deadlines.

> We realize that we still have many improvements to make, but we strive to do good journalism with what we have. As always, any story tips, suggestions or questions can be directed to our email account at burnian@blackburn.



"The duty of journalists is to tell the truth. Journalism means you go back to the actual facts, you look at the documents, you discover what the record is and you report it that way."

Noam Chomsky

10 Things You Didn't Know About The 'Burnian

- 1. There have been four official Blackburn newspapers: The Gleaner (1868), Blackburn Gazette (1871), Blackburn Courier (1881) and The Blackburnian (1882 - present).
- 2. Herbert Hoover won the 'Burnian's straw poll vote.
- 3. The 'Burnian operated as a club until 2011.
- 4. In fall 2011, three issues were released; now we publish six issues a semester.
- 5. By 2013, circulation was up to 500 copies per issue.
- 6. MIT emeritus professor Dr. Noam Chomsky gave permission to use his name for a 'Burnian award.
- 7. Student Senate initially opposed the crime blotter (2013-14).
- 8. 'Burnian staffers are members of the Illinois College Press Association (ICPA) and the Associate Collegiate Press.
- 9. In 2015, The 'Burnian won its first state award from ICPA.
- 10. The 'Burnian worked with Studio 2108 in summer '16 to develop theburnian.com.

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EDITOR: EDITOR: ASSISTANT DESIGN & LAYOUT: ASSISTANT DESIGN & LAYOUT: WEB CONTENT MANAGER: FACULTY ADVISOR/EDITOR: COPY EDITOR: MARKETING COMMUNICATIONS: STAFF PHOTOGRAPHER:

Noah Daum Jordyn Smith John Hummer Luiza Myslinska Caleb Long Dr. Natasha Casey **Shelby Rainford** Makayla Grove Rebecca O'Connell

PUBLISHER Edwardsville Intelligencer

STAFF WRITERS

Patrick Benedict Dusty Glass Gary Lowder Michael Troutt Jess Willard Jordan Wood

FEATURED WRITERS

Caleb Long Veronica Milligan Parker Ramaker

MISSION STATEMENT

The 'Burnian is a student-run newspaper at Blackburn College. Our mission is to deliver accurate. interesting and timely news to the Blackburn campus as well as the Carlinville community in an ethical and professional manner.

LETTERS TO THE **EDITOR**

Letters under 500 words may be sent to burnian@blackburn. edu, or mailed to The 'Burnian, 700 College Ave., Carlinville, IL 62626.

GUEST COMMENTARIES

Editorials featured on the opinion/commentary page of The 'Burnian contain staff members' opinions. We welcome guest between 400-500 editorials words. The 'Burnian does not endorse featured opinions. All submissions to The 'Burnian may be edited for length and grammatical clarity at the discretion of the editors; however, authors will be contacted if content revisions are necessary.

Lady Beavers Tip Off Basketball Season

BY PARKER RAMAKER

The Blackburn women's basketball team has a history of success, winning five consecutive SLIAC titles in the early 1990s. Head women's basketball coach Katie Fonseca is excited about the upcoming season. "The culture and attitude of the team is awesome. The energy is electric," she said. The Beavers are in transition right now, and with many new faces, it could be a step in the right direction.

Spectators such as Robert Fagg, who has watched Fonseca coach games, say that she is very passionate and pushes her players to never give up. She is loud, enthusiastic and authoritative. Even though the Beavers were 2-23 last season, with the two wins coming during conference play, Fonseca is the kind of coach the program needs to move forward.

Last season was Fonseca's first year coaching the Beavers. As the women walk out of practices, optimism and intensity can be seen in their body language and attitudes. "The women genuinely care about each other and want to succeed and because of this they push themselves to be the best on the court," said Fonseca. The increase in roster size has returners like junior Candace Pollock feeling optimistic

about the upcoming season. "People should be ready to expect something different from last year. We have doubled the size of our roster and with our talent, we will be a force to be reckoned with," she said.

The team is loaded with 11 freshmen and transfer players. Last season, the Beavers had eight women on the team and were often plagued with injuries. With more women on the roster, the team will have the opportunity to rest their starters, and stay competitive at the end of games. Pollock said that there is more cohesion on the team this year. "I expect a complete 180 from last season," she said.

The Beavers are returning Aleisha Stiltner and Pollock from their starting lineup last season. Angela Andrews is coming off last season's head injury and looking to contribute at center. Gariel Pierce and Elizabeth Johnston are two returning forwards looking to build off their freshman campaigns.

The Beavers start their season at home against St. Mary of the Woods (Indiana) on Nov. 15. They will follow up their first home game with the Wheaton College Tournament in Wheaton, Illinois, on Nov. 18.



"I expect a complete 180 from last season."

Candace Pollock

Meet the Beavers

Continued from page 1

encouragement to students and faculty to come support the teams," he stated. Kirby also mentioned that a difference between this year's and last year's "Meet The Beavers Night" is the hot spot shooting competition with a twist - the winner could walk away with \$10,000. Hole-In-Won, a basketball contest promotion insurance company, sponsored the prize.

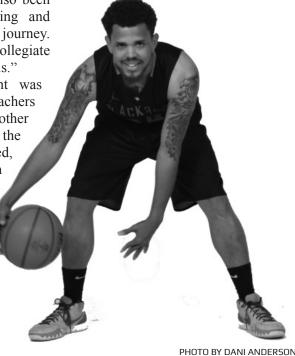
Junior business major and shooting guard for the women's basketball team Carley Prince said she was excited about the event. She added, "We came to conquer this season, and we're hungry for a championship!" She was also happy that the Blackburn community got to know her better. Prince said she's been playing basketball since she could dribble. "What I love the most about basketball is being able to enjoy an activity I have loved since I was little," she stated. "It's also been a pleasure meeting interesting and talented people throughout my journey. I'm glad to compete at the collegiate level with a group of great girls."

Attendance of the event was high as one side of the bleachers was completely filled and another side was halfway full. When the players' names were announced, the audience sounded off in support. The competitions included the hot shot without prize money, the three-point contest, the dunk contest, the king of the hill dunk contest and the hot shot with prize money.

The participants included both men's and women's

basketball team members as well as non-team members. Prince and junior Allison Howard (non-team member) won the hot shot without prize money; senior guard Jake Maestranzi won the three-point contest; senior forward DeAndre Manuel won the dunk contest and senior forward/center Willie Orange won the king of hill dunk contest. Freshman guard Ryan Kelly's father and freshman Tara Towery's (non-team member) father both shot for the \$10,000 but didn't win; therefore, no one left with the prize.

Although basketball can be exhilarating to watch when a college's team is racking up points, knowing the people on the court gives the audience a reason to stay even when they aren't winning. Meet the players and understand what it means to them when they hear the crowd roar.



Senior guard Damon Goodloe Jr.

Athletics Schedule

Women's Basketball

Tue Nov. 15 St. Mary-Woods at Blackburn 6:00 PM Fri Nov. 18 Wheaton College Tournament TBA



Men's Basketball

Tue Nov. 15 Blackburn at Wabash 6:30 PM Fri Nov. 18 Blackburn vs. St. Scholastica

@ Carroll University Tournament 5:00 PM Sat Nov. 19 Blackburn at Carroll 3:00 PM 12 · The 'Burnian Athletics_ Nov. 2016

Big Muscles & Even Bigger Hearts



PHOTO COURTESY OF FRANCES KRAUSE

FCA members volunteer for community service in Shipman, Illinois

By Gary Lowder

After Seattle Seahawks allstar running back Marshawn Lynch announced his retirement back in May, he decided to spend his retirement by helping people. Lynch spent the summer building elementary schools and sustainable homes for children in Haiti. He and former Lions player Stephen Tulloch and the Seahawks' Clif Avril were in Haiti together, constructing a school, hosting a mobile medical clinic and a football camp. These players are some of the latest in the long tradition of athletes giving back to their communities and those less fortunate. Michael Jordan has given to more than 14 charities including the Make-a-Wish Foundation, Nevada Cancer Institute and Boys & Girls Clubs of America. David Beckham has supported 19 charities like African Wildlife Foundation and National Society for the Prevention of Cruelty to Children.

Professional athletes aren't the only ones who like to help and support others. Blackburn's Fellowship of Christian Athletes (FCA) recently helped the

township of Shipman, Illinois. The student-athletes helped paint park buildings, the community center and street poles. Physical education and sports management professor and FCA faculty representative Tena Krause believes Shipman was an easy choice for volunteer work and said, "I'm originally from there, and my dad is currently the mayor. As a small town they are in need of a lot of things that they can't afford, so it was the perfect opportunity to do the community a service and help them out." They purchased all the paint, brushes and rollers and provided the ladders as well. Shipman residents were thankful for their service. "A homemade meal was provided for us after the work was completed,"said Krause.

Participating student-athletes were: Karlee Brimberry (tennis), Chris Davis and Karson Hayes (basketball) and Jordan McMillen, Kyle Kesinger and Anthony Harper (golf); Vanessa Reed and Delanie Casto (volleyball) and Tim Lacy, Xavier Lewis and Zac Felkel (cross country). "I'm very proud of our FCA athletes. They have went above and beyond to offer opportunities for students to get involvement, and grow in their faith," said Krause.

FCA member and sophomore elementary education major Vanessa Reed said, "Doing the community service made me feel good. I like to know that I am helping make a difference. Sometimes we get stingy with our time, especially as college students, and forget how much of a help we can be to people who need it." The group plans to do more community outreach work in the future. Krause

encourages anyone who is interested in joining FCA to sit in on a meeting and see if they like it. "We want it to be a relaxing environment where we can talk about Jesus Christ and put no pressure on anyone. Just sit and listen if you like, or engage as much as you want," said Krause. Anyone who is interested in community service or joining FCA can email Krause at tena. krause@blackburn.edu or contact FCA president Karlee Brimberry at karlee. brimberry@blackburn.edu.



"I like to know that I am helping make a difference."

Vanessa Reed



PHOTO COURTESY OF FRANCES KRAUSE

After photo of the student-athletes' finished paint job



PHOTO BY JORDAN WOOD

USWNT fans support their country as the team plays in one of ten World Cup Victory Tour matches

BY JORDAN WOOD

1991. 1999. 2015. Three World Cup championships in 25 years.

1930. Third place finish in the World Cup in 86 years.

Looking at their respective histories, it is clear who has had the most success, yet that team has earned significantly less income. In the last 86 years, the United States men's national team (USMNT) earned one third place finish in 1930. In 25 years since the first women's World Cup in 1991, the United States women's national team (USWNT) has been crowned world champions on three separate occasions.

According to U.S. Soccer Federation budget, in the 2018 World Cup, if the USMNT were to match their 1930 performance, they would earn an estimated \$1.25 million, just under what the USWNT would earn if they were to finish first (\$1.8 million). If the men were to win, they would earn a staggering \$9.3 million, \$7.5 million more than a USWNT victory.

In her "Foundations of Physical Education" class, Professor Tena Krause's course objective is "to introduce physical education majors to the discipline, its various tracks, history, and its ethical, social, and legal dilemmas." She has recently touched on an act that changed the sporting world forever: Title IX of the Education Amendments of 1972.

According to the U.S. Department of Education, Title IX act states, "No person in the United States shall, on

the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance." In short, the purpose was to give "equal" opportunity to all – regardless of gender. The inclusion of Title IX in educational institutions eventually led to professional opportunities, but as Krause says, "Women are still discriminated against across the board when it comes to pay. Look at the salary differences in WNBA and NBA players."

Members of the USWNT have recently began an "equal play, equal pay" movement motivated by conditions, as well as money.

Before a match on their 2015 World Cup Victory Tour, USWNT star midfielder Megan Rapinoe tore her ACL during a training session in Hawaii, rekindling a long standing controversy over poor field conditions: women being forced to play on artificial turf while men play on grass fields.

An argument as to why pay is not equal is the amount of attention the sport gets and the attendance at games. Men's sports draw in more people than

women's in many cases, but the 2015 World Cup final between the USWNT and Japan was the most-watched soccer game in United States history - men's or women's. This proves that women can provide entertainment; the problem is that many don't even know of some professional leagues because they aren't given the opportunity.

In the National Women's Soccer League, players of the Western New York Flash and Seattle Reign were forced to play on a narrower field when the regular playing field was instead used to host a concert. Making their frustrations known on social media, national team member Ali Krieger responded, "This is shocking, disrespectful & such a shame that we as professional players, are expected to play on this surface."

Blackburn women's basketball team member Lauryn Jackson is tired of hearing the usual stereotypes in women's sports. She said, "The atmosphere is completely different because since we're women, we shouldn't be able to play, we shouldn't be able to be athletic. It's like we get looked down upon because we're women and we're athletic."